# Embark on a journey that feeds the soul and awakens your spirit- this is Tikal Canal.

#### **Cultural Immersion:**

 Live like a local—not a tourist. Volunteer, stay with host families, and experience the real Guatemala through authentic, everyday life.

## **Affordable, Authentic Experiences:**

 We customize your trip to fit your budget while partnering with trusted local organizations to ensure high-value, low-cost experiences.

## **Community-Driven Impact:**

 Every trip supports local artisans, educators, and environmental leaders—promoting economic growth and protecting Guatemala's rich cultural heritage.

## What's Included – All for \$525/person for 7 days:

- Personalized airport transportation booking at an affordable price.
- Welcome orientation + traditional Guatemalan meal.
- Rechargeable SIM card for local connectivity.
- 24/7 bilingual in-country support.
- Private room homestay with Wi-Fi.
- Volunteer placement and coordination.
- Access to cultural tours, workshops, and activities.
- Emergency & legal assistance.
- Discounted rates for families and groups.
- Assistance with dietary and culinary restrictions to ensure a safe and enjoyable experience.

#### **Optional Add-ons:**

- Spanish lessons with **Soluciones de Idiomas**.
- Authentic local meals prepared by experienced home cooks.
- Guided tours and adventure excursions tailored to your interests.

# **Areas of Impact:**

#### **Art & Mental Wellness**

 Partner with local artisans and wellness experts in creative workshops that preserve tradition and inspire healthy habits you can take home.

## **Ecology**

• Join hands-on environmental projects and eco-education programs developed by grassroots organizations.

## **Job Creation**

 Support local economic development through vocational training, financial literacy, and entrepreneurship workshops in collaboration with <u>INTERCAP</u> and other institutions.

## **Gastronomy**

Work with local dieticians to explore Guatemalan cuisine and learn practical ways to incorporate healthier eating into your daily life. Designed by Guatemalans, for the World

Tikal Canal was co-created with Guatemalan nationals and community leaders to ensure your presence brings real value. Every itinerary is built with local input, cultural sensitivity, and community feedback—making your trip meaningful, respectful, and impactful.

Travel responsibly. Connect deeply. Make a difference.